

Adult Learn-to-Sail Classes through the NSA

Summer 2010

The **Ninnescah Sailing Association** has a long-standing relationship with the American Red Cross and its Adult Learn-to-Sail Program. The Red Cross is now in its **31st year** of teaching sailing classes at Cheney Reservoir!

Sailing classes are taught by a team of enthusiastic, experienced volunteer instructors. Using materials produced jointly by the U.S. Sailing Association and the American Red Cross, the course includes basic boat handling skills, sailing terminology, knot tying, sailing theory, and WATER & SMALL CRAFT SAFETY. You will learn through videos, presentations, demonstrations, discussion, and skill practice on the water. Students sail with an experienced instructor for one-on-one instruction, then sail a buoy course until ready to solo. Classes meet at the Red Cross Health & Safety Classroom during the week, then sail Sunfish sailboats at Sailboat Cove on Cheney Reservoir the following weekend.

To view additional information about this course, a schedule of classes for the 2010 season, and a form to enroll by mail or fax, please open the sailing brochure PDF file below:

[American Red Cross Sailing Brochure 2010.pdf](#)

If you would like to enroll on-line in one of the listed classes, click on the link below and it will take you directly to the Red Cross web page sailing class enrollment menu:

<http://midwaykansas.redcross.org/cart/index.php?p=catalog&parent=55&pg=1>

Attention: NSA members

Members and their immediate family receive a **25% discount** off the enrollment fee when registering for the Red Cross sailing class. Although this discount **cannot** be applied during **on-line** enrollment, please follow the steps below to **register at the discounted rate**:

- Print the brochure page referenced in the PDF document above, which is

[American Red Cross Sailing Brochure 2010.pdf](#)

- Clip the enrollment section from the form, and indicate on it that you are an NSA member.
- Mail it, along with your discounted registration fee, to the American Red Cross Health & Safety Office.

Of course, for additional convenience, you may also register (at the discounted rate) by calling the Health & Safety Office, 219-4060.